



What is the past continuous tense?

1. *used to describe an action that was interrupted by another event*
2. *used to express that two actions or states were happening at the exact same time*
3. *used to say that an action or state was in progress at a specific time*

Rule	Examples
past tense of the verb be followed by the present participle of the verb was/were + verb-ing	I was reading. We were reading.