Reach into a bowl and pick out an M&M. Share one of the following based on the color you picked. Go around the table as many times as you can!

- **Brown:** Someone you are grateful for
- **Yellow:** Something you are grateful for
- **Green:** Somewhere you are grateful for
- **Red:** Anything you are grateful for that starts with the first letter of your name
- **Orange:** A food you are grateful for
- **Blue:** An experience you are grateful for